

The Board of Trustees held a Planning for retirement seminar on 22nd and 23rd March 2016 at the Nairobi Safari Club (Lilian Towers) for teaching staff with 7 and 8 years of less to retire.

A total of 26 members of the teaching staff attended the seminar in which the following was presented:

*a. Updates from the Pension Scheme - Chairman, Board of Trustees*

*b. Investments in Retirement - Roselyne Musera - Gen Africa Asset Managers*

*c. Adjusting to the new lifestyle - Prof. D. M. Ndeti - School of Medicine*

*d. Legal aspects in retirement - Mr. Boniface Mwangangi-RBA*

*e. Annuities & Income Draw Down - Abeid Mureithi - School of Mathematics.*

After the presentation the participants had an open forum and comprehensive discussions were held